

LOCATIONS



Volleyball Canada Beach High Performance Centre
@ Downsview Park: <https://goo.gl/maps/4pkC9is2rtRtxQSs6>

Ashridges Bay (courts : <https://goo.gl/maps/yNp6sfbbas6rK7ZW7>

Primal Gym (8 min drive): <https://g.page/primalgymTO?share>

Yoga (15 min walk down board walk):

Walk east down board walk, yoga will be under covered area across from dog park.

[https://www.google.ca/maps/@43.6673317,-](https://www.google.ca/maps/@43.6673317,-79.2963318,3a,75y,154.13h,102.02t/data=!3m6!1e1!3m4!1s5L9EqqM2FNtT1eB6ugFoXA!2e0!7i13312!8i6656)

[79.2963318,3a,75y,154.13h,102.02t/data=!3m6!1e1!3m4!1s5L9EqqM2FNtT1eB6ugFoXA!2e0!7i13312!8i6656](https://www.google.ca/maps/@43.6673317,-79.2963318,3a,75y,154.13h,102.02t/data=!3m6!1e1!3m4!1s5L9EqqM2FNtT1eB6ugFoXA!2e0!7i13312!8i6656)

Canadian Sport Institute Ontario (CSIO): <https://goo.gl/maps/anVdoLL9PmSfqAp99>